

Participation in the program will allow the certificate holder to facilitate work sessions based on Sikkhona Team Assessment® reports.



Sikkhona® model

It allows to measure team's health. All teams go through different stages when developing their trust and cohesion.

Sikkhona Team Assessment® objectively measures the level of trust and cohesion of the team, based on a series of behaviors that are evaluated by its own members.

This information is necessary to analyze the team's strengths and areas for improvement and, define the appropriate strategies to grow in cohesion and trust, and become a high-performance teams.

The model has been validated by the Department of Applied Statistics of the Autonomous University of Barcelona and has been used by more than 400 organizations from more than 20 countries.

Sikkhona Team Assessment® report

It is a simple, intuitive and universal online questionnaire that offers a diagnosis of the stadium where the team is at that moment, from the perspective of its members. The report details effective team behaviors as well as their derailments. In this way you will have a clear x-ray of its strengths and potential areas for improvement.

No prerequisites are required to Access the program

Pricing

Presential	790 € (+ 21% VAT)
Kit Sikkhona	120€ (+ 21% VAT)

Schedule	2 days (16 hours)
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Program contents

- Sikkhona® model: team evolution states (Diplomatic, Open, Involved, Synergistic), stages of team development (expression, alignment, interdependence), and recognition keys for each state.
- Identification of derailments (Apparent, Sectarian, Stuck).
- Types of teams and implications.
- Sikkhona Team Assessment® Report:
 - Value contribution of the diagnostic.
 - Structure and interpretation of the report.
 - Keys to Team evolution
 - Uses and formats of work.
- Model Specific Applications:
 - Use of the Report.
 - Strategies for working with different types of teams.
 - Dynamics according to stages of development: when to apply them and how they work.
 - Keys for facilitation.
 - Review of real life cases.
- Live Sikkhona simulation.
- Introduction to specialized monographs.

Model contribution

- Know the degree of health of the team.
- Positively address conflicts.
- Strengths and risks that the team presents.
- Keys to improve team cohesion.

The program provides

- Practices with reports and facilitation.
- Access to Sikkhona® platform.
- Access to advanced learning resources.
- 16 ICF CCE credits in RD resources.
- Book "Shall we talk?".
- 1 credit for a report (free).
- 5 credit for reports (promotional pricing).
- Access to the IC community (IC Day and Mentorings).
- Support from an IC associate.
- Appearance on the IC website as a Sikkhona® certificate.
- Access to specialized monographs.